

MEDIA SUMMARY REPORT

HEALTH ISSUE

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Colorectal cancer? watch your food intake

Food intake is important to consider as it contributes greatly to the development of colorectal cancer. Most of colorectal cancer patients do not know that they have the disease and they take medical examination at later stage, said Dean Koh, surgeon at Mount Elizabeth Novena Hospital. Each year, two million people are diagnosed with colorectal cancer and its risk is higher among people above 50 years. Colorectal cancer takes two years to develop. In Indonesia, people with colorectal cancer is increasing in number, said Ary Fahrial Syam, internist at Cipto Mangunkusumo Hospital. It is recommended to consume 25 grams of dietary fibre per day, to exercise regularly, and to quit smoking.

Person quoted (s): Dean Koh, surgeon, Mount Elizabeth Novena Hospital
Ary Fahrial Syam, internist, Cipto Mangunkusumo Hospital

PHARMACEUTICAL INDUSTRY AND GOVERNMENT POLICY

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Old askes card can be used

PT Asuransi Kesehatan (Askes) member card can be used when the company is transformed into Social Security Administrative Body (BPJS) beginning on January 1, 2014. BPJC card is being prepared to replace Askes card, said Purnawarman Basundoro, Finance Director, PT Askes. PT Askes currently prepares organizational structure supported by human resources, information technology, and service improvement. BPJS will provide health insurance for 121 million members consisting of ex-Askes and ex-Jamkesmas members.

Person quoted (s): Basundoro, Finance Director, PT Askes