

MEDIA SUMMARY REPORT

HEALTH ISSUE

Media : Farmacia
Page : 10-11
Circulation : 18,000

Date : August 2013
DoS : 21 August 2013
Tone : Neutral

High obesity prevalence among disabled individuals

Adult disabled individuals tend to get obesity, according to a study led by a team of researchers in University of Texas School of Public Health published. Among disabled (immobile) individuals in USA, 42 percent of them are reported having obesity and 9 percent are overweight. Prior to this study, obesity prevalence in USA was only 29-31%, said Katherine Froehlich-Grobe, professor in UT School of Public Health Regional Dallas Campus. Primary healthcare providers should focus on changing lifestyle of disabled individuals rather than prescribing drug to control chronic disease. Exercise and diet are the main keys in weight management program.

Person quoted (s): Katherine Froehlich-Grobe Ph.D, professor in UT School of Public Health Regional Dallas Campus

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Circulation : 18,000

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Tone : Neutral

Taking antibiotics in a proper way

Antibiotic resistance (oral antibiotics) is increasingly higher on a global scale but other alternatives in antibiotic treatment may reduce the resistance, according to a study published in Antimicrobial Agents and Chemotherapy Journal. In this study, two mice were given oral and injection antibiotic and resistant gene was spread more rapidly in mouse with oral antibiotic, said Hua Wang, researcher at Ohio State University. The study also shows that oral antibiotic can reduce intestinal flora diversity, causing non-infection diseases such as autoimmune disease and type II diabetes, said Jeremy Nicholson, researcher at Imperial College.

Person quoted (s): Hua Wang, researcher, Ohio State University
 Jeremy Nicholson, researcher, Imperial College

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Tone : Neutral

Ten obesity facts

Obesity is now a global epidemic. At least 2.8 million people die each year due to obesity-related diseases. WHO provides informative facts on obesity: 1) Obesity is excess fat condition that have negative impact on health; 2) More than 1.4 billion people are overweight and half of them are obese; 3) More than 40 million preschool children are overweight; 4) Obesity causes more death than malnutrition; 5) Obesity can be caused by high-calorie intake and lack of physical activity; 6) Community support plays a role in preventing obesity; 7) Children lifestyle is affected by their surroundings; 8) Healthy diet can prevent obesity; 9) Regular exercise can maintain ideal weight; 10) Obesity treatment is multidisciplinary.

Person quoted (s): -

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Page : 20-22
Circulation : 18,000

Date : August 2013
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Tone : Neutral

Waistline dangerous warning

A third of American population are obese and obesity is recently considered as a disease, according to American Medical Association (AMA). However, not all medical practitioners agree as excessive calorie does is a normal physiological process not a disease, said David Katz, Director of Yale University Prevention Research Center. Currently, 35.7 million Americans are obese and they are likely to have stroke, type 2 diabetes, and cancer, contributing to huge amount of health expenses. Waistline more than 90 cm may signal obesity and it may cause body resistance to insulin, said Em Yunir, internist and Head of Metabolic Endocrine Division, University of Indonesia School of Medicine (FKUI). People with visceral fat are likely to die because of heart attack, according to a study led by Fransisco Lopez-Jimenez, cardiologist at Mayo Clinic, published in European Society of Cardiology. Therapy focusing on changing lifestyle is the best approach for any kind of obesity case. The four approaches are monitoring diet, exercising, consuming drugs and behavior modification, said Grace Judio-Kahl, physician at Light House Clinic.

Person quoted (s): David Katz, Director of Yale University Prevention Research Center
Em Yunir, internist and Head of Metabolic Endocrine Division, FKUI
Grace Judio-Kahl, physician at Light House Clin
Fransisco Lopez-Jimenez, cardiologist, Mayo Clinic

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Media : Farmacia
Page : 47
Circulation : 18,000

Date : 13 August 2013
DoS : 21 August 2013
Tone : Neutral

Sharing experience on using xeloda

On May 11, 2013, oncologists from Indonesia, Taiwan and the Philippines gathered to share their experience in an event, "Xeloda Xperience Xchange Meeting" in Taipei. First session was assigned to share experience on Xeloda treatment for colorectal cancer. Second session was assigned to share experience on Xeloda as monotherapy or combined therapy with Trastuzumab (Herceptin) for metastatic breast cancer. Each speaker explained about research studies on Xeloda as scientific evidence and case study. The event was attended by Tsang-Wu Liu, Head of Chinese Oncology Society, Jyh-Cherng Yu, Head of Breast Cancer Society of Taiwan, and Antonio Chwo, General Manager for Roche Taiwan.

Person quoted (s): Dr Djohan Kurnianda SpPD-KHOM, internist-oncologist
Dr Nugroho Prayogo SpPD-KHOM, internist-oncologist
Tsang-Wu Liu, Head of Chinese Oncology Society
Jyh-Cherng Yu, Head of Breast Cancer Society of Taiwan
Antonio Chwo, General Manager, Roche Taiwan

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(Photo Caption)

Novartis brought out Palliative Nurture as a theme during an iftar event with media (16/7). On this event, Novartis gave three iPads to Rachel House, a nonprofit organization working in palliative nurture for children with cancer and HIV. Palliative nurture is now included into holistic treatment. The event was attended by Lutfhi Mardiansyah, Chairman for PT Novartis Indonesia.

Person quoted (s): Lutfhi Mardiansyah, Chairman, PT Novartis Indonesia

Media : Kontan
Page : 13
Circulation : 89,000

Date : 21 August 2013
DoS : 21 August 2013
Tone : Neutral

Kimia farma's effort against rupiah weakening curse

Pharmaceutical industry is one of the most affected sector upon the recent rupiah weakening as it imports most of raw materials. In PT Kimia Farma Tbk (KAEF), imported raw materials accounts for nearly 90%, hampering its net profit, said Rusdi Rosman, Chairman for PT KAEF. However, the lower rupiah exchange rate does not take effect until 2-3 months ahead since PT KAEF still has inventory. The value of imported raw materials reaches Rp420 billion (60% of revenue). PT KAEF has prepared several strategies to anticipate this condition: 1) cross subsidy between higher-profit products and lower-profit products; 2) Increasing non-generic products; and 3) buying imports without an agent (direct buy). PT KAEF management currently uses exchange rate of Rp9000-9500 per US\$. During first semester of 2013, PT KAEF generated lower net profit (-47.13%) due to increasing cost of goods sold (14.81%), while it generated revenue of Rp1.74 trillion.

Person quoted (s): Rusdi Rosman, Chairman, PT KAEF